



Dowd YMCA

Dowd YMCA Children's Policy

Effective April 13, 2009

Children are welcome at the Dowd YMCA. To ensure their safety and maintain this facility's policies and procedures, the following policy will be adhered to...

Facility Usage

Children Under 16

- May only use the facility during the following times...

Fridays	7:00 PM - 10:00 PM
Saturdays	7:30 AM - 6:00 PM
Sundays	12:00 PM - 6:00 PM

[or when registered in a program offered outside of the hours specified above.]
- Must be within arm's distance of a parent/guardian, at least 18 years of age, who is responsible for them at all times while in the facility, including the Fitness Bar area.

Specified Areas

Keith Gym (Only when group exercise classes are not in session)

Indoor Pool

Available Racquetball/Handball Courts (Reservations cannot be made for children)

****Onsite Childwatch available for members with children ages 6 weeks to 10 years old (weekday and Saturday mornings with some evenings). Fee is \$2.50/hr per child. Reservations required. For more info call (704) 716-6124.**

Locker Room Usage

For safety reasons, usage of the workout areas, whirlpools, steam rooms and sauna in the Health Centers is not permitted for any children under the age of 16.

Children Under 2 (Under 24 months)

- May use the appropriate Family Locker Rooms off the pool deck or the Men's and Women's Health Center changing, restroom and shower areas with accompanying *parent/guardian of either sex over the age of 18.*

Children Over 2 (Over 24 months) and under 6

- May use the appropriate Family Locker Rooms off the pool deck *with accompanying parent/guardian of either sex over the age of 18.*

-or-

- Men's and Women's Health Center changing, restroom and shower areas only in accompaniment of the same sex parent/guardian over the age of 18.

Children 6 and Over

- May use the appropriate Family Locker Rooms off the pool deck or the Men's and Women's Health Center only in accompaniment of the same sex parent/guardian over the age of 18.

Please see a Branch Staff Representative if you have any questions.