



Winter



Time	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B	Gym A	Gym B		
5:00 AM	After-school Gym Schedule Everyday <u>Gym A:</u> 2.00-6.00pm School Holidays <u>Gym A:</u> 7.00am-6.30pm		Group Exercise		Group Exercise		Group Exercise		Group Exercise							
6:00 AM			Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball			Open Gym	Open Gym	
7:00 AM																
7:30 AM																
8:00 AM																
8:30 AM																
9:00 AM																
9:30 AM																
10:00 AM			CEPC Overflow 9.30-11.30am		CEPC Overflow 9.30-11.30am		CEPC Overflow 9.30-11.30am		CEPC Overflow 9.30-11.30am		CEPC Overflow 9.30-11.30am					
11:00 AM												Open Basketball	Basketball Games	Basketball Games		
11:30 AM																
12:00 PM	Adult Volleball	Light of Christ Church	Open Basketball	Lunch Break Basketball	Open Basketball	Lunch Break Basketball	Open Basketball	Lunch Break Basketball	Open Basketball	Lunch Break Basketball	Open Basketball					
1:00 PM																
1:30 PM																
2:00 PM																
3:00 PM	Birthday Parties	Adult Open Basketball	After-school [Overflow] 2.00-6.00pm	Open Basketball	After-school [Overflow] 2.00-6.00pm	Open Basketball	After-school [Overflow] 2.00-6.00pm	Open Basketball	After-school [Overflow] 2.00-6.00pm	Open Basketball	After-school [Overflow] 2.00-6.00pm					
4:00 PM			Kindsfitness 4.00-5.30pm		Kindsfitness 4.00-5.30pm		Kindsfitness 4.00-5.30pm		Kindsfitness 4.00-5.30pm		Kindsfitness 4.00-5.30pm					
5:00 PM													Open Gym	Open Gym		
5:30 PM																
6:00 PM	Childwatch Overflow <u>Gym A:</u> 9.30-11.30am (M-R) <u>Gym B:</u> 9.30-11.30am (F)		Youth Basketball Practices	Adult Basketball	Youth Basketball Practices	Adult Basketball	Youth Basketball Practices	Adult Basketball	Youth Basketball Practices	Adult Basketball Leagues	Youth Basketball Practices	Open Basketball				
6:30 PM																
7:00 PM																
7:30 PM																
8:00 PM																
8:30 PM			Open Basketball	Adult Dodgeball League	Open Basketball	Adult Basketball League	Open Basketball	Adult Basketball League								
9:00 PM																
9:30 PM																

Family Gym Time
Open To Members of All Ages

Program Area
Open Only to Registered Program Participants

Open Basketball

Adult Basketball, Dodgeball & Volleyball
Open Only For Full-Court Adult Games