



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CORPORATE MEMBERSHIP & WELLNESS OPPORTUNITIES

Gold Package

- 30% MEMBERSHIP SAVINGS
- 2 Wellness Programs
- 3 Educational Workshops
- No Joining Fees
- Usage Reports Included

*Requires a 3 year commitment. Fee does not represent a charitable contribution. For companies larger than 2000 employees, please contact us directly to discuss corporate pricing and program opportunities.

NUMBER OF EMPLOYEES	ANNUAL INVESTMENT FEE PAID BY EMPLOYER*
1-25	\$5,000
26-75	\$9,000
76-250	\$20,000
251-500	\$40,000
501-1000	\$52,000
1001-2000	\$76,000

Silver Package

- 20% MEMBERSHIP SAVINGS
- 1 Wellness Program
- 2 Educational Workshops
- No Joining Fees
- Usage Reports Included

*Requires a 3 year commitment. Fee does not represent a charitable contribution. For companies larger than 2000 employees, please contact us directly to discuss corporate pricing and program opportunities.

NUMBER OF EMPLOYEES	ANNUAL INVESTMENT FEE PAID BY EMPLOYER*
1-25	\$3,000
26-75	\$5,000
76-250	\$11,000
251-500	\$22,000
501-1000	\$30,000
1001-2000	\$46,000

Bronze Package

- 10% Membership Savings
- Corporate Partner Pricing on Wellness Programs & Educational Workshops
- No Joining Fees
- Usage Reports Included

NUMBER OF EMPLOYEES	MONTHLY INVESTMENT FEE PAID BY EMPLOYER
5+	All of employees' membership fees (after 10% savings)

Usage Reports Only Option

If your company or your benefits provider offers reimbursement or rewards to employees for fitness center utilization, the Y can provide regular usage reports free of charge.

MY Y PRICING We customize our rates based on the number of people in each employee's household who join the Y. If the annual household income is under \$80,000, we offer rate adjustments to make the Y affordable for all. Employees can visit ymcacharlotte.org/membership/rates to calculate their personalized rates.

LEARN MORE >>

membership@ymcacharlotte.org

YMCACHARLOTTE.ORG



WELLNESS PROGRAMS

Gold Package >> Employer chooses 2
Silver Package >> Employer chooses 1

- YMCA Diabetes Prevention Program
- 2 Desk to 5K Training Programs
- Weight Loss/Management Program
- Wellness Coaching – Group Based Support
- 2 Fitness Challenge Programs

SERVICES AT AN ADDITIONAL CHARGE >>

- Group Exercise Classes
- Performance Testing
- Small Group Personal Training

Programs can be delivered on-site

EDUCATIONAL WORKSHOPS

Gold Package >> Employer chooses 3
Silver Package >> Employer chooses 2

- Nutrition Essentials (customizable)
- Managing Stress in the Workplace
- Balancing Calories in/Calories out
- Diabetes Awareness
- Grocery Shopping Essentials
- Holiday Eating
- Healthy Eating as a Family
- Quick Snacks and Meals
- Being Active at Work
- Maximizing Restful Sleep

Additional topics by request
Workshops can be delivered on-site

YMCA MISSION: TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS THAT BUILD HEALTHY SPIRIT, MIND AND BODY FOR ALL.