

21 DAY GUIDE TO JUMP STARTING YOUR PRAYER LIFE

It has been said that if you do something for 21 days it will become a habit. It is our hope that prayer becomes a habitual part of your life. You will find that it is one of the most rewarding habits you will ever have. Here are some prayer starters to get you going on that journey.

DO THESE THINGS FIRST

Power up In order to have communication between two parties there must first be a connection. God has made himself available to us and has invited us into a relationship. In fact, He loved us so much that He sent Jesus, His Son, to ensure that the lines of communication would always be open.

Get a signal Once you are sure that you have a relationship with God then the fun really begins. You are now on a journey that will take you places that you've never imagined. There's nothing like taking a ride with the One who invented everything. Oh the places you will go with God.

Experience This experience is about getting to know God in prayer. Prayer isn't about putting up a bunch of requests and then hoping they all get answered with a resounding yes. It's about building a relationship. It's a conversation not a monologue. So God wants to speak to us through prayer as well. So getting to know the voice of God and how he speaks to us is important as well. This rounds out the prayer experience and makes it very fulfilling.

In order to communicate with someone you have to know them. And in order to get to know someone you have to let them tell you things about them-self. So, a good place to start is reading God's letter to us also known as the Bible.

WEEK 1 • GOD, YOU AND YOUR RELATIONSHIP

DAY 1 • Genesis 1:1

In the beginning God created the heavens and the earth. One of the most important things for us to know about God is that He is the creator. He is the One that envisioned and then brought into reality the Heavens and the Earth. The beginning of prayer is to begin with acknowledging God as the Creator.

DAY 2 • Exodus 3:14

God said to Moses, "I AM WHO I AM. This is what you are to say to the Israelites: 'I AM has sent me to you.'" God is all knowing and His presence is everywhere. This fact establishes the anchor of our reverence for Him.

DAY 3 • Psalms 1:1-2

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the LORD, and who meditates on his law day and night. God gives us His law as instruction to better understand how to have a relationship with Him. To follow His instruction is to live a life of getting to know Him as the one who sets things in order.

DAY 4 • Lamentations 3:22-24

Because of the LORD'S great love we are not consumed, for His compassions never fail. They are new every morning; great is your faithfulness. I say to myself, "The LORD is my portion; therefore I will wait for Him." Every day we get a new set of mercies from God. That means as God, He is available to help us and provide hope, no matter what we are facing.

DAY 5 • Deuteronomy 6:4-5

Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your strength. God is love. He has defined it in part by showing us what it means to really care for a person. He has called us to also love those that are around us.

DAY 6 • Psalm 139:13-14

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. It is overwhelming that before we were even thought of, we were thought of...by God. He saw the precise construction of our being in the womb and knows each day we will live and how we will work them.

DAY 7 • John 3:16-17

For God so loved the world that he gave His one and only Son, that whoever believes in Him shall not perish but have eternal life. For God did not send His Son into the world to condemn the world, but to save the world through Him. God's love is the great hallmark of His being. It is why a relationship with Him is possible, because He loves us.

WEEK 2 • PRAYER FOR THE TOUGH TIMES

DAY 1 • Jeremiah 29:11-12

“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. God has a plan for our lives and even though we may be going through a tough stretch, it doesn't negate that He's there and He cares.

DAY 2 • Psalm 23

The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff they comfort me. As our shepherd, God is there to lead us through the challenging times. Invite Him to comfort you today.

DAY 3 • Psalm 143:1

LORD, hear my prayer, listen to my cry for mercy; in your faithfulness and righteousness come to my relief. God is always available for us. What a great relief it is to know that.

DAY 4 • Proverbs 3:5-6

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and He will make your paths straight. God can be trusted no matter what the circumstance. Trusting in Him gives us great assurances.

DAY 5 • Revelations 21:5

He who was seated on the throne said, “I am making everything new!” Then He said, “Write this down, for these words are trustworthy and true.” In the end we know that we win because we are in Christ Jesus. He is the originator of the extreme makeover.

DAY 6 • John 4:18

There is no fear in love. But perfect love drives out of fear, because fear has to do with punishment. The one who fears is not made perfect in love. Fear is not of God. As we draw into His love we get peace.

DAY 7 • Psalm 91

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, “He is my refuge and my fortress, my God, in whom I trust.” Stay close to and depend on God as He desires to always be close to you.

WEEK 3 • PRAYER FOR THE GOOD TIMES

DAY 1 • Matthew 28:19-20

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.” We are blessed to be a blessing and to share the good news of God’s love with others.

DAY 2 • Matthew 6:33-34

But seek first His kingdom and His righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. We find humility in knowing that He is our provider. All good things come from Him.

DAY 3 • Romans 8:28

And we know that in all things God works for the good of those who love God, to those who have been called according to His purpose. God is doing a great work in our lives. It is purposeful and great, leading us to a closer relationship with Him.

DAY 4 • Romans 3:23-24

For all have sinned and fall short of the glory of God, and all are justified freely by His grace through the redemption that came by Christ Jesus. Recognition of God’s grace in our lives helps us stay humble during the seasons of plenty.

DAY 5 • Psalm 150:6

Let everything that has breath praise the LORD. Praise the LORD. One way to show God how much we love Him is to praise Him. Praise is important in any season of life.

DAY 6 • John 15:5

“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.” It is so great to acknowledge where our help to thrive comes from.

DAY 7 • James 1:17

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. How great is our God and how wonderful is His endless blessings towards us? All good things come from Him.



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