



Wellness Guidelines

It is our sincere desire to provide quality care for your children while you are participating in various YMCA services and programs. For the safety and well being of all children and staff, the following health and wellness policies will be strictly enforced. Children should not participate in the YMCA Childcare Programs if one or more of the following conditions exist:

1. The illness prevents the child from participating comfortably in childcare activities.
2. The illness results in a greater need than the YMCA staff can provide without compromising the health and safety of the other children.
3. The child has any of the following conditions:

- A. A fever higher than 100 degrees. Child must be fever free for at least 24 hours without fever reducing medication before they can return to childcare programs.
- B. Continuous and/or Colored Nasal Drainage. A current note from a physician can be provided if drainage is caused by an allergy.
- C. Diarrhea
- D. Vomiting within a 24 hour period
- E. Communicable diseases (pink eye, head lice, skin rash, scabies, tuberculosis, chicken pox, whooping cough, mumps, Viral Hepatitis A, measles, shingles, cold sores.)

If children exhibit any of these symptoms during their stay, the parents/guardian will be asked to pick their child up promptly. Children may return to childcare programs if they are symptom free after 24 hours or if a written note from a child's physician is provided to the YMCA. A doctor's note can be provided for seasonal allergies. If a child displays a combination of symptoms, a doctor's note can also be provided. **If a child is sent home from a program, they are discouraged from participating in any other YMCA program within a 24 hour period.**

Things to Remember

Infants:

- Diapers and wipes
- Bottle and/or snack
- Change of clothes

Toddlers:

- Diapers and wipes
- Drink and snack
- Change of clothes
- Jacket (consider the weather)

Preschool and Up:

- Drink and/or snack
- Jacket (consider the weather)

The YMCA is not responsible for any toys that are brought into Drop In Childcare.

YMCA Drop In Childcare Volunteer

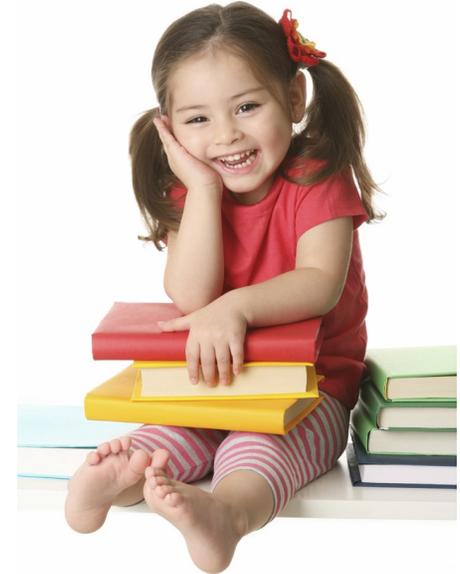
The YMCA Drop In Childcare department always welcomes volunteers. If interested, volunteers must complete a volunteer application and undergo certain training. Please see the YMCA Lead Staff for more details.

Children's Enrichment Programs have a clearly defined written curriculum and are not drop-in care programs. Children's Enrichment Programs are not licensed and regulated by the State Department of Child Development.

Holiday Hours-Closed

Memorial Day
Independence Day
Labor Day
Thanksgiving Day
Christmas Day

For any additional questions, contact the Lake Norman YMCA 704/716-4400



Lake Norman YMCA
21300 Davidson Street
Cornelius, NC 28031
704/716-4470

Drop In Childcare Hours:
Monday through Thursday
8:15am-12:30pm & 3:15p-8:00pm
Friday
8:15am-12:30pm
Saturday
8:00am-12:00pm

YMCA Mission: *To put Christian principles into practice through programs that build healthy spirit, mind and body for all.*

YMCA Vision: *The YMCA of Greater Charlotte will connect and engage people to enhance lives and build community.*

Drop In Childcare Procedures

The Lake Norman Drop In Childcare staff would like to thank you for considering our program. This pamphlet will provide all of the basic information that you need in order to utilize and be prepared for Drop In Child Care. If you have any further questions, please feel free to contact the Drop In Child Care staff at 704-716-4470.

Parents must fill out a registration form for all children that will be using the Drop In Childcare. This includes general information about the child, a place to choose a secure password and health information. Also on this registration form are our wellness guidelines and a participant waiver. By signing this form, the parent/guardian, is agreeing to abide by the YMCA's wellness guidelines and authorizing participation of their children in the program.

When dropping off your child, you will be required to sign them in on our roster. Children will receive a nametag and are then escorted to their classroom.

For the safety of our children, only Y staff members are allowed in our classrooms. Our staff will gladly help your child transition into the group.

When picking up your child, you will be asked for your password. Please keep in mind any person authorized to pick up will need to know the password. Once the password is confirmed, you will be given a pass to pick up your child from the classroom.

Before entering Drop In Childcare, please wash your child's hands or use hand sanitizer.

Drop In Childcare Services

We offer developmentally appropriate child care for children ages **6 weeks to 12 years old** for a maximum of 2 hours per day. Children are cared for by responsible, well-trained staff in a safe and fun environment.

Drop In Childcare Policy

Drop In Childcare is not licensed and/or regulated by the State Department of Child Development. All YMCA's of Greater Charlotte child care programs adhere to YMCA quality standards. The YMCA of Greater Charlotte perform annual audits to ensure the quality of the program is fulfilled.

"Children may not participate in the following programs or a combination of the following programs for more than 4 hours within a 24 hours period in a Charlotte YMCA or a combination of Charlotte YMCA's: Children's Enrichment Programs, Unlicensed Preschool, Drop In Childcare, and Unlicensed Afterschool."

The Lake Norman YMCA Drop In Childcare is a member-based service designed to care for children while the parent or guardian remains on site.

Note: Runners and other outdoor exercisers are permitted to use Drop In Childcare, but are asked to leave a cell phone number in case of emergency.

Food and Drink Guidelines

All Children:

Only food provided by the parent will be given to the children. **These snacks should not contain any traces of nuts.**

Infants:

All bottles must be pre-mixed.

Diapering and Potty Training

Children should arrive with a clean diaper. Please provide the teachers with diapers and wipes. Notify the lead staff *and* the teachers if your child is potty training. Be sure to bring a change of clothes. If your child is not completely potty trained, they must wear a pull-up.

YMCA drop-in childcare staff are equipped to change cloth diapers in conjunction with state health guidelines including wearing gloves and placing the soiled diaper in a proper receptacle. Parents must provide either a tightly closed plastic bag or zippered wet bag to dispose of the all cloth diapers after use. YMCA Staff are unable to rinse soiled cloth diapers due to state guide-

Discipline Policy

In Drop In Childcare, we use Positive Guidance and Redirection. If the child is constantly struggling with following instructions, there will be written documentation. This is not a "write up", but it is rather a way to see how we can best work with the child. If the problem persists, the child will be issued with a Disciplinary Report. After three Disciplinary Reports, a meeting will be scheduled with the parent/guardian regarding the child's future in Drop In Childcare.

Please encourage your child to follow the instructions of the Drop In Childcare staff.

Examples of Inappropriate Behaviors:

Fighting/Pushing	Hitting
Disrespect for others	Biting
Inappropriate language	Spitting
Refusal to follow directions	
Not staying with staff	