



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

MORRISON FAMILY YMCA

BALLANTYNE PRESCHOOL OF THE ARTS

Sunflowers Developmental Milestones- 3 years old

Social/Emotional Development	Gross Motor Skills
Can participate in group activities	Runs well and can change directions
Can use words to express feelings	Kicks a rolling ball w/successful contact
Uses words as tools of thought	Stands on one foot briefly
Answers questions	Throws a big ball and catches it
Plays make-believe games w/peers	Jumps up and down
Acts out social encounters through play	Can walk up stairs with alternating feet
Feeds self without difficulty	Walks smoothly forward, backward, sideways
Begins to show cooperation with adults	Climbs up ladder slide independently
Learning to take turns in games	Cognitive & Language Development
Learning to share and cooperate	Sorts objects by 2 classifications
Begins to make connections w/peers (friendship)	Uses the pronouns I, you, & me correctly
Says "please" & "thank you" when appropriate	Uses some plurals & past tenses
Recognizes feelings of peers (joy, sadness, anger)	Knows at least 3 directional words (on, under)
Skill Development	Can identify body parts
Has a longer attention span	Can count to 10
Speaks in longer sentences	Can recite simple nursery rhymes
Tells simple stories	Recognizes own name
Asks "what" and "why" questions	Basic uppercase recognition
Fine Motor Skills	Awareness of people's names (teachers, peers)
Draws a person w/chief body parts	Can recognize 6 colors
Cuts paper w/scissors but not in a straight line	Personal Information
Button and unbutton his/her clothes	Knows full name
Can construct a tower of more than 6 cubes	Knows age
Can complete simple picture puzzles	Can identify self and peers by gender
Can copy 2 simple geometric shapes	Knows month of birthday
Strings beads on a shoelace	

Please Note: We work to achieve these goals by the end of the school year.