



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MORRISON FAMILY YMCA Ballantyne Preschool of the Arts

### T-K Developmental Milestones– 5 years old

Social/Emotional Development	Gross Motor Skills Cont.
Mimics adults & seeks praise	Throws ball with direction
Actively chooses group play over independent play	Balance on one foot
Values & imitates friendships	Can bounce a ball
Plays make believe & dresses up	Cognitive & Language Development
Can share (in order) their daily schedule/routine	Writes all letters in their name with proper capitalization
Can understand & play simple board games	Uses correct plurals & pronouns
Distinguishes right from wrong	Understands & names opposites
Controls aggressive behavior	Identifies uppercase letters & their phonic sounds
Verbalizes their feelings in various situations	Identifies lowercase letters & their phonic sounds
Communicates needs, says please & thank you	Rhyming mastery
Take turns, share toys & attention with others	Writes with inventive spelling
Engage peers in conversation & pays compliments	Recognizes at least 20 sight words
Enjoys helping peers and adults	Recognizes and writes numbers 0-20
Increased attention span	Identifies number words zero-ten
Exhibits improved patience	Identifies basic color words
Completes tasks in a timely fashion	Sorts, classifies & counts with manipulative sets
Fine Motor Skills	Recognizes basic coins (penny, nickel, dime, quarter)
Copies more complicated designs	Understands more than, less than & equal to
Shows appropriate grip for writing utensils	Can solve basic addition & take away
Exhibits eye-hand coordination via lacing	Names & extends basic patterns
Cuts and pastes simple shapes with accuracy	Understands basic passage of time
Uses scissors with proficiency	Understands basic prepositions
Button and Zipper independently	Personal Information
Gross Motor Skills	Knows address & phone number
Walks on tiptoes	Knows mother's & father's full names
Walks backward	Knows birthday
Walks on a designated line	Knows full name
Jumps with both feet	
Runs & gallops	

**Please Note: We work to achieve these goals by the end of the school year.**