

# TRAIN WITH THE BEST

With extensive personal training certifications and education, our trainers help you achieve your health and fitness goals.

## MARLICIA HUNT

- NFPT CPT
- Mossa Instructor
- AFAA Group Fitness Instructor
- ARC Certified Instructor



## REBECCA GROBE

- NASM CPT
- TRX Instructor
- Spin Instructor
- Livestrong at The Y Instructor
- Mossa Instructor
- Running Revolution Run Coach

